Supporting Attachment in Young People - Conference

The Trauma of Placement and Trauma Resolution Seminar

Kibble Education
and Care Centre

Conference 18 April 2007
Supporting Seminar 19 April 2007
Erskine Bridge Hotel
Supporting Attachment in Young People is the third in a series of highly successful conferences held by Kibble Education and Care Centre exploring ways of supporting traumatised and vulnerable young people and those that work with them.

The importance of developing and supporting healthy attachments in children and young people has long been recognised by many professionals. The challenges of adolescent development combined with the trauma many young people have experienced involves complex and skilled work in developing healthy attachments.

This conference will:

- consider different types of attachment
- explore attachment issues faced by carers and professionals
- provide practical strategies for developing healthy attachments in young people
- provide a platform to share practice that will support carers and practitioners across disciplines and agencies to support traumatised young people with attachment issues.

There will be a specific focus on looking at the needs of vulnerable adolescents particularly boys many of whom have lacked positive male role models in their lives.

This conference will seek to enhance understanding around attachment whilst also recognising the existing dedication and commitment many carers and professionals demonstrate daily whilst working with young people at risk.

Delegates will have the opportunity to:

- broaden their understanding of attachment theory and explore managing attachment issues to support their practice with young people
- explore developing life skills with traumatised young people
- identify therapeutic approaches for traumatised children and young people
- consider the role of advocacy for young people in care
- understand some of the gender issues facing young males.

Who should attend

This conference is for all professionals practitioners, including foster carers, social workers, teachers, psychologists, mental health workers, advocates and counsellors who are involved in providing services and support for traumatised young people.

“I have been privileged to share in the previous two Kibble/Children in Scotland conferences, and the programme for this year shows me that the event is going from strength to strength. Addressing the most significant needs of children in the care system, the conference speakers bring a wealth of experience and expertise to the subject. My thoughts and best wishes will be with everyone at the conference as you again extend the boundaries of knowledge and skills in working with vulnerable children.”

Kate Cairns, Independent Consultant and Trainer
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00</td>
<td>Registration</td>
</tr>
<tr>
<td>9.30</td>
<td>Welcome</td>
</tr>
<tr>
<td></td>
<td>Kay Gibson, Operations Manager, Kibble Education and Care Centre</td>
</tr>
<tr>
<td>9.45</td>
<td>Opening Address</td>
</tr>
<tr>
<td></td>
<td>Joe Nee, Independent Consultant Psychologist</td>
</tr>
<tr>
<td>10.15</td>
<td>Overview of Different Types of Attachment</td>
</tr>
<tr>
<td></td>
<td>Sally Wassell, Independent Social Work Trainer and Consultant in</td>
</tr>
<tr>
<td></td>
<td>Attachment and Resilience</td>
</tr>
<tr>
<td>10.45</td>
<td>Questions</td>
</tr>
<tr>
<td>11.00</td>
<td>Coffee</td>
</tr>
<tr>
<td>11.20</td>
<td>Managing Attachment Issues</td>
</tr>
<tr>
<td></td>
<td>Sally Wassell, Independent Social Work Trainer and Consultant</td>
</tr>
<tr>
<td>12.00</td>
<td>Questions</td>
</tr>
<tr>
<td>12.30</td>
<td>Lunch</td>
</tr>
<tr>
<td>1.15pm</td>
<td>Therapeutic Approaches</td>
</tr>
<tr>
<td></td>
<td>Sally Wassell, Independent Social Work Trainer and Consultant</td>
</tr>
<tr>
<td>2.00pm</td>
<td>Questions</td>
</tr>
<tr>
<td>2.15pm</td>
<td>Workshop 1: The role of independent advocacy in supporting children</td>
</tr>
<tr>
<td></td>
<td>and young people in care</td>
</tr>
<tr>
<td></td>
<td>Caroline Richardson, Senior Practitioner, Young Person Services,</td>
</tr>
<tr>
<td></td>
<td>Who Cares? Scotland</td>
</tr>
<tr>
<td></td>
<td>Workshop 2: Promoting life skills in young people</td>
</tr>
<tr>
<td></td>
<td>Claire McCartney, Social Education Team, Kibble Education and Care</td>
</tr>
<tr>
<td></td>
<td>Centre</td>
</tr>
<tr>
<td></td>
<td>Workshop 3: Creating sexual safety and promoting healing (recovery)</td>
</tr>
<tr>
<td></td>
<td>in foster care</td>
</tr>
<tr>
<td></td>
<td>Wayne Duehn, Professor of Social Work, University of Texas, Arlington,</td>
</tr>
<tr>
<td></td>
<td>USA</td>
</tr>
<tr>
<td></td>
<td>Workshop 4: Understanding gender issues facing young males</td>
</tr>
<tr>
<td></td>
<td>Joe Nee, Independent Consultant Psychologist</td>
</tr>
<tr>
<td>3.15pm</td>
<td>Feedback and panel discussion</td>
</tr>
<tr>
<td>3.30pm</td>
<td>Conference close</td>
</tr>
</tbody>
</table>
Workshop Descriptions

No 1:  
**The Role of Independent Advocacy in Supporting Children and Young People in Care**

This workshop will consider the role of independent advocacy in supporting children and young people in care. It will explore the dilemmas faced by children and young people in relation to best interests and attachment including contact with their families, moving between placements, relationships with staff and peers and how independent advocates can assist children and young people to put their views across to participate in the decision-making processes.

The workshop will take the form of a brief presentation followed by the opportunity for discussion and is facilitated by Caroline Richardson, Senior Practitioner (Young Persons’ Services) Who Cares? Scotland and a young person with experience of care. It will draw on the work of Who Cares? Scotland, including consultation reports such as *Let’s Face It! – Care 2003, Young People Tell Us How It Is*, which looks back over the previous 25 years and documents young people’s more up to date views and experiences.

No 2:  
**Promoting life skills in young people,**

Within this workshop Claire McCartney will share her experiences of implementing a structured cognitive behavioural programme (Reasoning and Rehabilitation 2) within a residential setting. The programme is used to help young people who are having difficulty managing their behaviour at home, in school and within the wider community to develop more effective life skills. The workshop will have an interactive element, allowing participants the opportunity to become more familiar with some of the course content and discuss ways in which foster carers can utilise some of the materials to support young people in their care.

No 3:  
**Creating Sexual Safety and Promoting Healing (Recovery) in Foster Care**

Professionals and foster families will develop knowledge and parenting skills as we address the traumagenic issues/needs of foster children who have been sexually abused. Discover how to create a healing milieu to counteract the negative impact of past trauma on a child’s psychosocial and cognitive development, and to enhance positive self-esteem. Learn how foster families can become the central ingredient in the recovery of these special needs children. Skill demonstrations and opportunities to practice these skills will be provided. The format will include: presentation of material, simulations, video demonstrations, role playing, group discussion, and practice skill demonstrations. Participants will be encouraged to present and share their own experiences.
No 4.
Understanding gender issues with young males

We have to improve our efforts to protect our children and their children’s children.

Neglect, emotional abuse, physical abuse, sexual abuse and domestic violence/abuse significantly affect the growing child’s understanding of gender, sexuality and socialisation. What do we need to understand about gender awareness 0-5, 5-12 and 12+? How do biology, culture, parental beliefs and attitudes influence the development male? What do we think about rigid sex roles and what can influence our dealing with maturing/developing males coming from rigid or chaotic families?

The participants will be asked to share their own experiences, opinions and knowledge concerning developing gender awareness and the negative experiences of young males and how we can help. This workshop will endeavour to be interesting, challenging, informative and enjoyable.

Biographies

Sally Wassell
Sally is an independent social worker with more than 30 years experience of working with children and families. She has a special interest in attachment theory and its application to practice. She is frequently instructed in courts in Scotland, England and Northern Ireland as an expert witness dealing with issues of attachment, significant emotional harm and care planning. She has an interest in the development of deliberate strategies for building resilience in vulnerable children and young people and is the co-author of ‘Child Development for Child Care and Protection Workers’, and ‘Assessing and Promoting Resilience in Vulnerable Children’

Kay Gibson
Kay Gibson graduated from Paisley University, as a mature student, in 1997. She has worked in statutory childcare as an area team social worker and went on to work in two voluntary agencies providing intensive fostering services; for young people as an alternative to residential school and secure accommodation. During this time she has worked as a senior practitioner and practice team manager gaining her accredited practice teaching award. Kay was appointed by Kibble in 2004, to set up and develop their now established Intensive Fostering Services based in Paisley whilst supporting her to successfully complete a MBA in November 2006. Kay’s master’s dissertation entitled 'developmental managers: promoting workplace learning in the voluntary sector' reflects her professional commitment to ongoing development in the fields of social care and management.
Claire McCartney
Claire McCartney has been the manager of the Social Education Team within Kibble Education and Care Centre since September 2003. The team is responsible for the assessment, planning, implementation and evaluation of a range specialist intervention programmes for young people who are looked after and accommodated. Prior to this Claire spent many years managing treatment and rehabilitation services for IV drug users across Ayrshire. She has recently returned to the long forgotten world of university and is currently undertaking a MSc in the Assessment and Treatment of Sex Offenders.

Joe Nee
Joe is an independent consultant psychologist. When working for Strathclyde Region he was used in a variety of roles including caseworker, trainer, consultant and manager between 1975 and 1996, mostly in the Social Work Department. Since 1997 he has have worked with a number of local authorities, prisons, health boards, and voluntary organisations in the UK and Ireland, the Scottish Office (now Scottish Executive), Courts and the Children’s Panel System (consultation and training). He has been the Scottish representative on the National “Stop It Now” campaign chaired by Baroness Howorth, an executive member and past chair of NOTA (The National Organisation for the Treatment of Abusers), a trainer and consultant to the National Police Child Protection training programme and to the Strathclyde Police Child Protection Programme and a former member of the Dundee University Annual International Child Forensic Interview Training Clinic (in conjuction with the American Professional Society on the Abuse of Children). In the early 1990s he was a consultant to the highly successful Strathclyde/Lothian/Scottish Executive/Barnardos Post Adoption Research Project and presently he offers a service to a number of post adoption and foster parent groups run by local authorities and agencies.

Caroline Richardson
Caroline joined Who Cares? Scotland in 1998 as a Young Persons’ Worker, providing advocacy support to children and young people, working first in Glasgow and then Renfrewshire, going on to become a Senior Practitioner in June 2006. She is a former member of the Board of the Care Commission in Scotland as a service user representative, due to her own experience of living in care.
Registration fees and booking
I wish to book a place at the following rate, please tick:

Costs
Large statutory, voluntary and independent organisations  £175 □
Universities, colleges, schools and nurseries  £150 □
Small voluntary and independent organisations  £130 □
Approved foster carers  £75 □

Booking
Please book a place for the following person at the conference (photocopy if necessary)

Name: __________________________________________________________
Position: _________________________________________________________
Organisation: _____________________________________________________
Address: __________________________________________________________
_________________________________________________________ Postcode: __________
tel: __________________ fax: __________________ email: __________________

Vegetarian food will be provided. If you have any specific dietary or access requirements, please tick here and let Children in Scotland know the details three weeks before the event. □

Payment
□ I qualify for a Children in Scotland member’s discount.
□ I enclose a cheque for £_________ (made payable to Children in Scotland).
□ Please invoice me at the address above.
□ Please invoice me at the address below.

Name: __________________________________________________________
Position: _________________________________________________________
Organisation: _____________________________________________________
Address: __________________________________________________________
_________________________________________________________ Postcode: __________
tel: __________________ fax: __________________ email: __________________

From time to time we may approach you with information about other projects, events, publications and magazines that the partner organisations produce or organise. If you do not wish to be contacted please tick this box: □.
We may occasionally wish to make your details available to other carefully selected organisations. Please tick this box if you do not wish us to do this: □.

Cancellations received three weeks before the event will be refunded less a £20 processing charge. No refunds can be made after this date, although substitutions may be made. Cancellations must be received in writing.
Registration fees and booking

I wish to book a place at the following rate, please tick:

Costs

Large statutory, voluntary and independent organisations  £150 □
Universities, colleges, schools and nurseries  £125 □
Small voluntary and independent organisations  £100 □
Approved foster carers  £50 □

Booking

Please book a place for the following person at the seminar (photocopy if necessary)

Name: ________________________________________________________________
Position: ______________________________________________________________
Organisation: __________________________________________________________
Address: ________________________________________________________________
_________________________________________________ Postcode: ____________
tel: ____________ fax: ____________ email: ________________________________

Vegetarian food will be provided. If you have any specific dietary or access requirements, please tick here and let Children in Scotland know the details three weeks before the event. □

Payment

□ I qualify for a Children in Scotland member’s discount.
□ I enclose a cheque for £__________ (made payable to Children in Scotland).
□ Please invoice me at the address above.
□ Please invoice me at the address below.

Name: ________________________________________________________________
Position: ______________________________________________________________
Organisation: __________________________________________________________
Address: ________________________________________________________________
_________________________________________________ Postcode: ____________
tel: ____________ fax: ____________ email: ________________________________

From time to time we may approach you with information about other projects, events, publications and magazines that the partner organisations produce or organise. If you do not wish to be contacted please tick this box: □. We may occasionally wish to make your details available to other carefully selected organisations. Please tick this box if you do not wish us to do this: □.

Cancellations received three weeks before the event will be refunded less a £20 processing charge. No refunds can be made after this date, although substitutions may be made. Cancellations must be received in writing.
The Trauma of Placement, PTSD, and Trauma Resolution

A one-day seminar
19 April 2006
Erskine Bridge Hotel, Erskine

This advanced one-day seminar focuses on the specific knowledge and skills required for treating children who have been traumatised by physical and sexual abuse, neglect and out of home placement and represents the fruits of two decades of research and clinical work with victims of child abuse and neglect.

The day will provide professionals with clear blueprints for assessing the impact of trauma and developing specific treatment plans and will focus on child abuse/neglect and placement as a series of traumatic events in the life of a child.

Children who have endured horrific abusive events suffer predictable psychological harm. There is a spectrum of traumatic disorders, ranging from the effects of a single overwhelming event to the more complicated effects of prolonged and repeated abuse. Established diagnostic concepts, especially severe personality disorders commonly diagnosed in abused children, have generally failed to recognise the impact of victimisation. So this programme will:

- examine the spectrum of children’s adaptation to traumatic events and give a new diagnostic perspective to the psychological disorders found in children in placement who have suffered prolonged and repeated abuse
- present an overview of the healing process and offer a practical framework for treatment
- focus on the child’s feelings, needs and behaviours before and after placement decisions
- explore the significance of interpersonal relationship and the necessity of building alliances between children and adults
- examine the need of increasing the child’s knowledge of self and the importance of developing a plan for continuity of relationships throughout a lifetime.

The focus will be on helping the child utilise and build on these traumatic losses to enhance his/her emotional growth. A number of aspects critical to the treatment of traumatised children will be discussed.

Whenever possible participants’ own case examples will be used to illustrate recommended approaches and techniques. The format will be both presentational material and experiential learning utilising videotapes, role plays, practice simulations and group discussion.
Facilitator

This seminar will be facilitated by Wayne D. Duehn, MSW, Ph.D., LMSW-ACP. Dr. Duehn is a Professor of social work at the School of Social Work at the University of Texas at Arlington, USA. He joined the faculty in 1970 and is currently engaged in clinical research on sexually abusive parents and juvenile sex offenders. As a national lecturer and trainer he is also consultant to many institutions and has conducted training for law enforcement personnel, schools, social service/mental health agencies throughout the United States.

He has written extensively in the area of clinical practice and has presented research findings at the International Conference on Child Abuse and Neglect, Paris; the World Congress on Medical Sexology in Mexico City and Jerusalem; and the United Nations Conference Facilities in Vienna. He has conducted training seminars for the Air Force, Navy and Army medical personnel in Germany, Guam, Iceland, Japan, Korea, Panama and the Philippines.

Dr. Duehn is co-author of Beyond Sexual Abuse: the Healing Power of Adoptive Families which is an outgrowth of an ongoing educational programme designed to develop educational materials to assist adoptive families in parenting the sexually abused child. Most recently he has developed a child abuse prevention programme for the Department of Defence Dependents Schools which has been implemented world wide.