

Child-to-Child and Disaster Risk Reduction: What Children Can Do to Keep Themselves and Others Safe

8-19 October 2012 in Kisumu Kenya

The Child-to-Child Trust, UK in collaboration with OGRA Foundation in Kenya are holding an international training course on Disaster Risk Reduction using the Child-to-Child approach from 8th -19th October 2012 in Kisumu, Kenya.



About the Course

Although children's abilities to identify, avoid and manage risks are rarely, if ever, recognised, let alone taken into account or developed, children can contribute a great deal to risk management, keeping themselves and other members of their families and communities safe.

In this course, therefore, the overall aim is to strengthen participants' ability to promote children's participation in risk management, both in everyday life and relating to disasters (Disaster Risk Reduction – DRR) for themselves and others.

This course will last 10 days and will cover a basic training in the Child-to-Child approach, with special input and emphasis on recognising and avoiding risks, and reducing their consequences, where it is not possible to avoid them altogether. It will be divided into several sections, although these are interconnected, as follows:

1. Introductory day – getting to know each other and Child-to-Child
2. The next section will look at various risks and disasters to which children are exposed and the means available for recognising, preventing/avoiding and mitigating the consequences of these risks. Techniques for working with children on these issues will be explored.
3. The next section will be a normal, basic Child-to-Child training with an emphasis on DRR and the possibility of practicing some of the skills learnt, with local children and focusing on DRR issues.
4. Finally we will explore ways of involving children in community DRR activities and plan action for the next year.

The course will be experiential and practical, and will include several practice sessions with children in a local school.

The course will be held at Le Savanna Country Lodge and Hotel and will last two full weeks. It will be facilitated by a team of experienced, international and national experts in the field of health education for children and training in child participation. Grazyna Bonati, who has many years' experience in Child-to-Child, including training in many countries around the world, and experience of training and material development in risk management and disaster reduction, will be the Course Director and lead facilitator (the second facilitator will be confirmed later).

Participants who successfully complete the course will be awarded certificates by the Child-to-Child Trust (The Trust), University of London.

Course Aims, Objectives and Learning Outcomes

Course Aims:

- To improve child health and well-being, by encouraging children to take an active part in the promotion of their own well-being and that of their families and communities, particularly, in this case, in terms of reducing the risks in their lives;
- To increase children's participation in issues affecting them, particularly risk management and reduction;
- To increase children's knowledge, skills, confidence and self-esteem;

Course Objectives:

- To introduce the Child-to-Child approach.
- To encourage participants to use more active methods in their work with children, and to give the participants the opportunity to experience and experiment with such methods;
- To increase participants' awareness of children's abilities, needs and interests;
- To enable participants to promote children's participation in community measures to reduce disaster risks, and thus keep themselves, other children and other community members safe.

Learning Outcomes

By the end of the course, participants will have:

- Enhanced their DRR knowledge and skills
- Investigated the main risks faced by children in their communities, and explored means of avoiding and mitigating those risks
- Developed their capacity to explore and prioritise DRR issues in their own context
- Understood Child Participation as a right, in DRR, as elsewhere, and explored ways to promote this
- Practiced the use of Child-to-Child materials and approaches with children to help them reduce the risks in their lives
- Enjoyed them-selves while working hard and sharing experiences!

Course Style

The course will be intensive, creative and participatory, with opportunities for practice and experience with local children. Theory is kept to a minimum and active methods are used throughout. Wherever possible, interactive group sessions are used. Participants will be expected to attend the course full-time between 9 a.m. to 5 p.m. which will include scheduled periods for individual and group tasks. Homework may be assigned.

Who is the Course for?

This course is suitable for those who have experience, qualifications or interest in the areas of disaster risk reduction, child participation, health, education and community development. It was designed specifically for practitioners and implementers, who work directly with children, for whom the risks of natural disasters, conflict, accidents and abuse are everyday occurrences.

Professionals in children's health and education and in community development programmes derive inspiration through international short courses such as this, which catalyse and strengthen Child-to-Child and other health and development initiatives worldwide.

Preparatory Tasks

Prior to the start of the course, participants will be sent reading materials to provide background information on topics that will be covered in the course. As the course will be intensive, it is very important that participants prepare themselves by reading these materials. One month before the course, participants will also be requested to complete a training needs assessment, which will contribute to effective course planning.

How to Apply

Please send us your curriculum vitae, with an accompanying letter indicating why you wish to attend the course. Early application is recommended, as places in the course are limited to a maximum of 24. You are encouraged to submit your application by **13th August 2012**.

Please e-mail or address your application to:

Emi Hasegawa, Administrator
Child-to-Child Trust
20 Bedford Way
London WC1H 0AL
Email : cctraining@ioe.ac.uk

Tuition Fees and Funding

The course fee is **\$2,000** for participants from international organisations, **\$1,500** for government institutions and **\$1,250** for those from local NGOs. The cost includes meals (excluding dinner) and resource materials. Accommodation will be organised separately for those who need it. We would like to receive either full funding or confirmation of funding to participate in the course no later than **31st August**. Once confirmation of funding is received, we will send you our bank details and letter of invitation.

Agencies such as UNICEF, Plan, Save the Children, Department for International Development (UK) (DFID) and the Aga Khan Foundation may be willing to offer financial support. Neither the Child-to-Child Trust nor CRIDOC can provide any financial assistance.

Accommodation

Accommodation for participants outside Kisumu will be booked at Le Savanna Country Lodge and Hotel where the training will be taking place upon request. An extra cost will be added to the course fees of those who wish to stay in the booked accommodation. Meals (excluding dinner) are included in the two-week rate.

Child-to-Child Trust

Children changing their lives



Since 1979, The Child-to-Child Trust has developed approaches, tools and materials to encourage children to promote the health and well-being of themselves, their families and communities in over 70 countries. The Trust has pioneered a range of practical and effective 'Child-to-Child' approaches to working with children and young people in a participatory way. These approaches are rights-based and grounded in the UNCRC's guiding principles of inclusion; non discrimination and best interest of the child. Participation in Child-to-Child activities has been shown to enhance the personal, physical, social, emotional, moral and intellectual development of children.

The Trust advocates approaches to teaching and learning which link learning, using fun active methods, with health action at home and in the community, to promote real understanding and develop actual life skills. This can be seen in its tried and tested '*Step Approach*'. This approach enables children to participate in a series of linked activities to enable them to understand, discuss, take action on and evaluate issues that impact their lives, their families and their communities. Ultimately, through participating in this process, children can develop vital life skills such as decision making and critical thinking. Over two decades of the step approach being adapted and used worldwide, it has proven to be particularly successful in dealing with sensitive issues. These include: child abuse, including violence and bullying, HIV and AIDS, surviving emergency and disaster situations and so on.

What distinguishes The Trust from other organisations that advocate for children's participation is that it has developed a range of practical approaches which engender meaningful engagement and participation, in a range of thematic areas. The Trust has extensive experience of providing training and technical assistance to trusted adults to enable them to work in a more participatory way that enables children and young people to exercise their rights and realise their potential.

The sustainability of the approach is evidenced by the numerous Child-to-Child projects currently taking place globally without the Trust's support.

Vision & mission, aims & objectives

Our vision is of a world in which the most marginalized, impoverished and disadvantaged children are empowered to participate in the issues which affect them and to act as agents of development and positive change for themselves, their peers and their communities.

Our mission is to promote Child-to-Child participatory approaches to encourage and enable children to promote the holistic health, wellbeing and development of themselves, their families and communities worldwide.

Our aim is to provide a range of training and support to the trusted adults in these children's lives to enable them to facilitate meaningful participation of children.

Our objectives are to:

- Provide capacity building to individuals and organisations in the planning, implementation and evaluation of health, education and development programmes that incorporate the Child-to-Child approach. This is done through training courses, mentoring and support.

- Support and provide a focal contact point for the international network of Child-to-Child organisations and practitioners to enable them to continuously refine, develop and promote the Child-to-Child approach.
- Develop and promote the approach by documenting and sharing experience-based learning and action research, and producing and disseminating quality materials.
- Promote policy development and advocacy on children's participation in partnership with other organisations

OGRA Foundation

Introduction

OGRA Foundation is a local non-governmental organization (NGO) founded in the year 1998 as a youth development group and later upgraded and registered as an NGO with full charitable status under section 10 of the NGO's Coordination Act in 2005.

Our mission is to promote health, socio-economic and cultural development among the resident communities in Western Kenya. We achieve this through fighting against knowledge gaps, diseases especially HIV/ AIDS, Tuberculosis, Malaria, and communicable diseases, poverty, reproductive health and social exclusions among the local communities.



We work closely with the Ministry of health by strengthening Health systems and supporting HIV, Reproductive health and laboratory services in 20 selected Health facilities within Nyanza Province. To ensure quality service provision to the communities, OGRA Foundation coordinates and delivers high standard comprehensive health and advocacy related trainings in Nyanza Province to the Health Care workers and the community in collaboration with partners using accredited national curriculums.

Pillars

To comprehensively accomplish our mission we have five interrelated pillars that strongly and synergistically constitute our mandate in the catchment area as shown in Fig 1 below.

Fig 1: OGRA Foundation Pillars

